



## RELEASE FROM LIABILITY BY ADULT REGARDING PARTICIPATION IN A DANCE AND FITNESS PROGRAM

This Agreement made this the \_\_\_ day of \_\_\_\_\_, 20\_\_\_\_, between Barre., a corporation doing business at 2632 Quarry Lake Dr. Baltimore, Md 21209 and 511 S. Caroline St. Baltimore, MD 21231, herein referred to as "Studio," and \_\_\_\_\_ who resides at \_\_\_\_\_ (street address, city, county, state, zip code), hereinafter referred to as "Participant."

For and in consideration of being allowed to participate in classes and activities at Studio including, but not limited to, dance instruction, weight lifting, and/or strenuous aerobic exercise and activities, the undersigned Participant does hereby release Studio, its directors, agents, officers, and employees from any liability which may or could occur by reason of any personal injury or property damage suffered by me regardless of the cause or alleged cause of such personal injury or property damage.

I understand that I will be voluntarily participating in activities which may expose me to some level of risk or injury, and I represent that I am aware of the nature of these activities and agree to accept any and all risks associated with the my participation of in these activities.

I represent that I am in good physical health, and that unless I notify Studio in writing that I am unable to participate in an activity due to some physical or mental considerations, I will be allowed to participate in all activities of the Studio. Furthermore, in consideration of Studio allowing the me to participate in these activities, I agree to hold Studio harmless and indemnify it and its directors, agents, officers, and employees against loss (including reasonable attorneys= fees) from any and all claims of negligence, demands, rights, or causes of actions of any kind or nature that may hereafter at any time be made or brought by me or on my behalf for any known or unknown, foreseen and unforeseen bodily or personal injuries, damages to property and consequences thereof which may be sustained by me as a direct or indirect result of participating in the aforementioned activities at Studio.

### CAUTION: READ BEFORE SIGNING

By signing below, I acknowledge that I understand that I am entitled to have an attorney of my own choosing to review the release prior to signing. I have read the foregoing release in its entirety and understand that I am signing a complete and perpetual release and bar to any and all claims of negligence as defined above resulting from my participation in the activities described above at Studio.

Signature as of the \_\_\_ day of \_\_\_\_\_, 20\_\_\_\_.

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